DUTCHESS COUNTY LEGISLATURE

Proclamation: Mental Health Awareness Month
Resolution No. 2025073

The Dutchess County Legislature offers the following and moves its adoption:

WHEREAS, mental health is essential to everyone's overall health and well-being, and

WHEREAS, all Americans experience times of difficulty and stress in their lives, and

WHEREAS, people with mental illnesses make important contributions to our families and our communities, and

WHEREAS, stigma and fear of discrimination keep many who would benefit from mental health services from seeking help, and

WHEREAS, prevention is an effective way to reduce the burden of mental illnesses, and

WHEREAS, there is a strong body of research that supports specific tools that all Americans can use to better handle challenges and protect their health and well-being, and

WHEREAS, mental illnesses are real and prevalent in our nation, and

WHEREAS, with early and effective treatment, those individuals with mental illnesses can recover and lead full, productive lives, and

WHEREAS, each business, school, government agency, healthcare provider, organization, and citizen shares the burden of mental illnesses and has a responsibility to promote mental wellness and support prevention efforts, now, therefore, be it

RESOLVED, that the Dutchess County Legislature does hereby proclaim May 2025 as Mental Health Month in Dutchess County and calls upon the citizens, government agencies, public and private institutions, businesses, and schools in Dutchess County to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental illnesses at all stages.

STATE OF NEW YORK
ss:
COUNTY OF DUTCHESS

This is to certify that I, the undersigned Clerk of the Legislature of the County of Dutchess, have compared the foregoing resolution with the original resolution now on file in the office of said clerk, and which was adopted by said Legislature on the 12th day of May 2025, and that the same is a true and correct transcript of said original resolution and of the whole thereof.

IN WITNESS WHEREOF, I have hereunto set my hand and seal of said Legislature this 12th day of May 2025.

LEIGH WAGNER, CLERK OF THE LEGISLATURE